The abuser becomes edgy, frustrated and angry at a loss of control over behaviors of victim. Actions: moody, critical, threatening, withdraws affection.

Victim reactions: walks on eggshells, attempts to calm abuser, withdraws from most daily activities.

Power & Control

- The abuser expresses to stay, sets rules, promises love, gives, promises to get help, can change remorse, causing the victim to believe will stop abuse. Actions: will stop abuse.
- Victim reactions: begins to report, agrees to stay, sets boundaries, begins to feel happy, hopeful.
- May call for help.

Acute Explosion

- Victim reactions: detachment, aggression, verbal abuse, emotional and verbal abuse, name calling, hitting, slapping, humiliation, rape, anger, emotion by victim.
- The abuser expresses more violent intense actions: yelling, name calling, hitting, slapping, humiliation, rape.

Honeymoon Phase

- The abuser promises to change remorse, will stop abuse. Actions: will stop abuse.
- Victim reactions: begins to report, agrees to stay, sets boundaries, begins to feel happy, hopeful.
- May call for help.